

## BEST PRACTICES PROGRAM

### Health Care Facility Success Stories

*Note: Participation in the Best Practices Program is strictly voluntary on the part of a health care facility or program. Health care providers and suppliers are encouraged by the Department to share new or innovative practices with other facilities and programs. All Best Practices narrations submitted to the Department will be posted to the Best Practices web site at <http://dia.iowa.gov/page30.html> where they will be accessible to other providers and suppliers, as well as members of the general public. Posting of a Best Practices by the Department does not constitute an endorsement by DIA, nor does it establish a standard of care or service. The Department reserves the right to edit Best Practices submissions for clarity and brevity.*

#### Facility Information

Name of Facility: Cedar Manor	
Street Address: 1200 Mulberry Street	City: Tipton
Telephone Number: 563-886-2133	E-Mail Address: lindabeck@mchsi.com
Name of Individual Submitting Best Practice: Linda Beck	Title: Assistant Administrator

#### Category of Submission (check all that apply)

<input checked="" type="checkbox"/> Community Integration	<input type="checkbox"/> Dietary	<input type="checkbox"/> Environmental
<input type="checkbox"/> End-of-Life Experience	<input type="checkbox"/> Habilitation/Rehabilitation	<input type="checkbox"/> Human Resource Management
<input type="checkbox"/> Nursing Practices	<input type="checkbox"/> Quality of Life	<input type="checkbox"/> Resident Rights

#### Description of Best Practice

Cedar Manor organized and hosted a Kid's Summer Camp, "Generations Blending Together," on June 10-14. Each camp day had a specific theme. To kick off our event, we had a balloon release. Balloons were later found in Bennett, IA; Athens, Alabama, and in a hayfield in Nashville, Tennessee. EMS Day was our focus for the first day of camp. Tipton Fire, Ambulance and Police, along with a certified life guard provided very educational safety information to all the children and residents. Fire truck rides were a highlight. It was very heartwarming as the firemen lifted residents who wanted to ride into the fire seat of the fire truck with children, volunteers, and staff. The children made first aid kits to take home as the residents helped hand out the supplies.

Day two of camp was "Farmer's Day". Local farmers market members set up their booths for the residents and children to shop. Some residents were in charge of handing out fresh fruit. Flowers were planted in terra cotta pots and tote bags and the terra cotta pots were decorated. A team of horses and trolley came to Cedar Manor and gave the residents and children special rides.

Day three, "Wellness Day", unfortunately had to be cancelled due to bad weather.

Day four began with a magician who entertained the residents and children. Dance classes were a big hit that day with the residents and children making their own dance routines as they danced to the "Chicken Dance," "YMCA," or "Play that Funky Music," just to name a few. Each group of residents and children performed for the other groups. Picture frames were made, bracelets, painting on canvas and bird see sticks.

Day five, our final day of camp, consisted of the Beef Producers who grilled hamburgers and hot dogs for

dinner. Karaoke was arranged and the residents and children enjoyed the special songs. Eighteen volunteers from the community came to help make this camp possible. The dedication of Cedar Manor staff made this community project possible. The power of enriching the lives of the children and the residents of Cedar Manor was our primary focus. We don't want to watch the world go by ... we want to be a part of this world.

Once completed, submit your Best Practice to: Department of Inspections and Appeals, Lucas State Office Building, 321 East 12<sup>th</sup> Street, Des Moines, IA 50319-0083; fax to 515-242-6863; or e-mail to [webmaster@dia.iowa.gov](mailto:webmaster@dia.iowa.gov) (be sure to include "Best Practices" in the subject line).

*BestPracticesSubmission*



A resident getting to enjoy a ride in the fire truck after being lifted in the truck by the fireman.



Dance routines with children, residents and volunteers.



Balloon release that kicked off our camp, every child, resident and volunteer released a balloon.